



23. adidas MAKSIMIR KUP

GYM – PRIMARY SCHOOL MARKUŠEVEC

Markuševečka cesta 160, 10 000 Zagreb

Saturday 13.12.2025.

Info: + 385 95 894 72 70

Application: www.taekwondo.com.hr



KYORUGI, POOMSAE, MALA OLIMPIJADA, KICK, PARA POOMSAE,

Organizer: Taekwondo klub Maksimir,
10000 Zagreb, Čikoševa 4

Promotor: Maksimir city district

Predsjednik: Tihomir Horvath 8. Dan
taekwondo.maksimir@gmail.com

NAGRADE

- medaals for 1., 2. i 3./3 place
 - trophies for KYORUGI (sen., jun., kad., ml. kad.) 1. – 3. mjesto
 - trophies for all (KYORUGI, POOMSAE, M.O., KICK)
(1. – 5. MJESTA)
- (scoring 7, 3, 1, 1 – win 1 point, application 1 point)

LIABILITY

All contestant participate on their own risk

The organiser

- no responsibility for any resulting injuries, damage or loss of items or equipment

MEMBERSHIPS

WTF, ETU, and HTS competitors can participate if they have signed parental consent (for competitor under 18 years), and medical certificates for all registered competitors

EQUIPMENT

Organizer provides EPS opremu DAE DO. equipment
Competitor should have their own socks.

PARTICIPATION (on competition day or until 08.12.2025.) IBAN: HR4423400091110067049

- 30 € (1 – 14 competitors – M / F)
- 25 € (15 and more competitors – M / F)

KICK:

- 20 €

POOMSAE:

- Pair 40 €
- TEAM 50 €

*counting all club competitors in all categories of the cup

SCHEDULE

Friday. (Dobri dol 49)

17:30 – 19:00 – registration and weight in

Subota, 13.12.2024. (primary school Markuševec)

07:30 – 09:00 – registration and weight in

09:00 – 09:30 – coaching and judges meeting
(in sport hall)

09:30 – 09:45 OPENING CEREMONY

09:45 – START OF COMPETITION

ACCOMMODATION: +385 95 894 72 70 (Horvath)

KYORUGI CATEGORIES

Young kadets M / F (2014., 2015., 2016.)

M/F: -24, -27, -30, -33, -36, -39, -43, -47, -51, +51

Kadets M / F (2011., 2012., 2013.) A i B

Kadeti M: -33, -37, -41, -45, -49, -53, -57, -61, -65, +65

Kadeti F: -29, -33, -37, -41, -44, -47, -51, -55, -59, +59

Juniors M / F (2008., 2009., 2010.) A i B

Junior M: -45, -48, -51, -55, -59, -63, -68, -73, -78, +78

Junior F: -42, -44, -46, -49, -52, -55, -59, -63, -68, +68

(A – 2. geup i više; B – od 6. do 3. geupa)

KADETS I JUNIORS B (max. 3. geup) – WITHOUT kicks to the haed

KADETS and JUNIORS A (min. 6. geup)

Veterans kyorugi:

Veterans M: -58, -68, -80, +80

Veterani F: -49, -57, -67, +67

Veterans age categories:

Veterans M/F: 40-50, +50

MINI OLYMPICS (LITTLE CUBS)

(no registration needed)

Mali laviči M/F A (2017., 2018.) < 6. geup

Mali laviči M/F B (2019., 2020.) < 6. geup

A -20, -22, -24, -27, -30, -33, -36, -40, -45, +45

B -18, -20, -22, -24, -26, -28, -30, -33, -36, +36

Organiser provides EPS equipment

This category does not require socks

TROPHIES for 1. – 3. place (teams)

KICK

M / F 1 - (2013. i 2014.)

M / F 2 - (2015. i 2016.)

M / F 3 - (2017. i 2018.)

M / F 4 - (2019.) 5 - (2020.) 6. 2021. and younger
(Baby kick)

In KICK competition competitors come in pairs and in 20 second try to kick as many times into electric shield attached to a free-standing bag

Points are shown in real time on the LCD screen.

The winner goes forward by cup system. (NO NEED SOCKS)

AWARDS ARE GIVEN TO ALL CONTESTANTS

TROPHIES for 1. – 3. place (teams)

POOMSAE

-On the descent, and z+the forms are performed by random selection in the given ranges according to the category – the number of applicants is unlimited.

- 2. geup (class B), are allowed to compete in the black belt category (A), according to the rules and given forms for that category

- **One competitor may compete in maximum of two poomsae categories.**

TROPHIES for 1. 2. 3. place (for teams)

PARA POOMSAE – perform poomsae as desired

23. adidas **MAKSIMIR** CUP 2025. – 47. yers of Taekwondo kluba Maksimir

STANDARD POOMSAE CATEGORIES

SPOL	OZNAK A	KATEGORIJA	GODIŠTE	POJAS	KLASA			
M	KA -- 1	MLAĐI KADETI	8 – 11 god.	8. – 5. geup	B			
M	KA – 2	MLAĐI KADETI	8 – 11 god.	4. – 1. geup	B			
M	KA – 3	KADETI	12 – 14 god.	8. – 5. geup	B			
M	KA – 4	KADETI	12 – 14 god.	4. – 1. geup	B			
M	KA – 5	KADETI	8 – 14 god.	1.– 3. poom	A			
F	KB – 1	MLAĐE KADETKINJE	8 – 11 god.	8. – 5. geup	B			
F	KB – 2	MLAĐE KADETKINJE	8 – 11 god.	4. – 1. geup	B			
F	KB – 3	KADETKINJE	12 – 14 god.	8. – 5. geup	B			
F	KB – 4	KADETKINJE	12 – 14 god.	4. – 1. geup	B			
F	KB – 5	KADETKINJE	8 – 14 god.	1.– 3. poom	A			

SPOL	OZNAK A	KATEGORIJA	GODIŠTE	POJAS	KLASA			
M	JA - 1	JUNIORI	15 - 17 god.	8. - 5. geup	B			
M	JA - 2		15 - 17 god.	4. - 1. geup	B			
M	JA - 3		15 - 17 god.	1. - 3. Poom/Dan	A			
F	JB - 1	JUNIORKE	15 - 17 god.	8. - 5. geup	B			
F	JB - 2		15 - 17 god.	4. - 1. geup	B			
F	JB - 3		15 - 17 god.	1. - 3. Poom/Dan	A			

SPOL	OZNAK A	KATEGORIJA	GODIŠTE	POJAS	KLASA			
M	SA - 1	SENIORI	> 18 god.	6. - 1. geup	B			
M	SA - 2		18 - 30 god.	> 1. Dan	A			
M	SA - 3		31 - 40 god.	> 1. Dan	A			
M	MA - 1		41 - 50 god.	> 1. Dan	A			
M	MA - 2		51 - 60 god.	> 1. Dan	A			
M	MA - 3		61 - 65 god.	> 1. Dan	A			
M	MA - 4		> 65 god.	> 1. Dan	A			
F	SB - 1	SENIORKE	> 18 god.	6. - 1. geup	B			
F	SB - 2		18 - 30 god.	> 1. Dan	A			
F	SB - 3		31 - 40 god.	> 1. Dan	A			
F	MB - 1		41 - 50 god.	> 1. Dan	A			
F	MB - 2		51 - 60 god.	> 1. Dan	A			
F	MB - 3		61 - 65 god.	> 1. Dan	A			
F	MB - 4		> 65 god.	> 1. Dan	A			

SPOL	OZNAK A	KATEGORIJA	GODIŠTE	POJAS	KLASA			
M + F	D 1	USKLAĐENI PAR 1	8 - 14 god.	8. - 1. geup	B			
M + F	D 2	USKLAĐENI PAR 2	8 - 14 god.	> 1. Poom/Dan	A			
M + F	D 3	USKLAĐENI PAR 3	15 - 17 god.	> 1. Poom/Dan	A			
M + F	D 4	USKLAĐENI PAR 4	> 18 god	> 1. Poom/Dan	A			
M	TA 1	USKLAĐENI TIM (muški) 1	8 - 17 god.	> 1. Poom/Dan	A			
M	TA 2	USKLAĐENI TIM (muški) 2	> 18 god.	> 1. Poom/Dan	A			
F	TB 1	USKLAĐENI TIM (ženski) 1	8 - 17 god.	> 1. Poom/Dan	A			
F	TB 2	USKLAĐENI TIM (ženski) 2	> 18 god.	> 1. Poom/Dan	A			

KATEGORIJE ZA IZVOĐENJE KREATIVNIH FORMI

SPOL	OZNAKA	KATEGORIJA	GODIŠTE	POJAS	KLASA
M	K - KA	KREATIV KADETI	8 - 11 god.	> 4. geup	B
F	K - KB	KREATIV KADETKINJE	8 - 11 god.	> 4. geup	B
M	K - JA	KREATIV JUNIORI	12 - 17 god.	> 1. Poom/Dan	A
F	K - JB	KREATIV JUNIORKE	12 - 17 god.	> 1. Poom/Dan	A
M	K - A	KREATIV SENIORI	> 18 god.	> 1. Poom/Dan	A
F	K - B	KREATIV SENIORKE	> 18 god.	> 1. Poom/Dan	A
M + F	K - D 1	KREATIV PAR 1	12 - 17 god.	> 1. Poom/Dan	A
M + F	K - D 2	KREATIV PAR 2	> 18 god.	> 1. Poom/Dan	A
M + F	K - T	KREATIV TIM (s 1 zamjenom)	> 12 god.	> 1. Poom/Dan	A

23. adidas **MAKSIMIR KUP** 2025. – 47. yers of Taekwondo club Maksimir

PARA TAEKWONDO CATEGORIES

P10 – Oštećenja vida / Visual Impairments

P20 – Intelektualne teškoće / Intellectually Impaired

P30 – Tjelesno oštećenje / Physical Impairments

P40 – Amputacija ili oduzetost udova / Limb Deficiency and/or Impaired Muscle Strength

P50 – Invalidska kolica / Wheelchair Classes

P60 – Gluhi i nagluhi / Deaf and hearing Impaired

P70 – Nizak rast / Short Stature

	PODJELA PO GODIŠTU	PODJELA PO POJASU
ASPIRANTI	-	-
KADETI	-	-
JUNIORI	I, II	A, B, C
SENIORI	I, II	A, B, C

K40 (borbe - kyorugi) – Amputacija ili oduzetost udova / Limb Deficiency and/or Impaired Muscle Strength