

POOMSAE

CATEGORY	SELECTION	AGE	BELT	FIRST	FINAL ROUND
MA1	Veterans-male	41–50	1 st dan and higher	taebaek	koryo, keumgang
MA2	Veterans-male	51–60	1 st dan and higher	jitae	taebaek, keumgang
MA3	Veterans-male	61–65	1 st dan and higher	koryo	taebaek, sipjin
MA4	Veterans-male	+65	1 st dan and higher	sipjin	keumgang, pyongwon
MB1	Veterans-female	40–49	1 st dan and higher	koryo	pyongwon, taegeuk 8
MB2	Veterans-female	50–59	1 st dan and higher	jitae	sipjin, keumgang
MB3	Veterans-female	61–65	1 st dan and higher	koryo	jitae, chonkwon
MB4	Veterans-female	+65	1 st dan and higher	pyongwon	sipjin, jitae
KKA	Creativ cadets-male	8–11	4 th kup and higher		
KKB	Creativ cadets-female	8–11	4 th kup and higher		
KJA	Creativ juniors-male	12–17	1 st dan/poom and higher		
KJB	Creativ juniors-female	12–17	1 st dan/poom and higher		
KA	Creativ seniors-male	18+	1 st dan and higher		
KB	Creativ seniors-female	18+	1 st dan and higher		